

Advocacy/Assertiveness (A of CARES)

	<i>Family and Student Resource</i>	<i>Supplemental Activities and Resources</i>
Students will identify their strengths and challenges. (Awareness)	<u>Family Resource: Strengths/Challenges</u> <u>Student Resource: Strengths/Challenges</u>	<u>Family Challenge Chart</u> <u>I Like Me by Pat Palmer</u> <u>Exclamation point by Amy Rosenthal</u> <u>Pre-K Video: Sesame Street I'm glad I'm me</u>
Students will show a growth mindset. (Self-Awareness and Resilience)	<u>Family Resource: Growth Mindset</u> <u>Student Resource: Growth Mindset</u>	<u>Family Challenge Chart</u> <u>What do you do with a Chance? by Kobi Yamada</u> <u>Your Fantastic Elastic Brain by Joann Deak</u> <u>Pre-K Video: Daniel Tiger Just Keep Trying</u>
Students will use their words to say what they need. (Advocating)	<u>Family Resource: Using your Words</u> <u>Student Resource: Using your Words</u>	<u>Family Challenge Chart</u> <u>One Kathryn Otoshi</u> <u>Say Something by Peggy Moss</u> <u>Pre-K Video: Daniel Tiger Use your Words</u>
Students will disagree respectfully by using an “I” statement. (Listening for understanding)	<u>Family Resource: Disagree Respectfully</u> <u>Student Resource: Disagree Respectfully</u>	<u>Family Challenge Chart</u> <u>When Sophie's Feelings are Really, Really Hurt</u> <u>Thanks for the Feedback by Julia Cook</u> <u>Pre-K Video: Daniel Tiger Playing your Own Way</u>